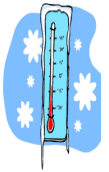


# February 2019 Newsletter

From the Superintendent's desk:

As we enter the month of February, my hope is for warmer weather and more sunshine because the end of January has not been much fun with the below normal temperatures. My February newsletter will serve as an update on several areas for both our parents and students.



The first item I want to discuss is our current softball cooperative with Madison and Lindsay Holy Family. Before the Christmas break, we asked girls in all three school's grades 8-11 to let us know if they are interested in playing softball next fall. Humphrey Public had four girls indicate they are interested in playing softball, Lindsay Holy Family had two girls indicate interest and Madison had three girls interested for a total of nine girls in grades 8-11 who said they would play softball. The superintendent from Madison along with Mr. Bishop from LHF and myself met to discuss the cooperative and then reported to our respective school boards in January. It was agreed by all three schools that we need more than nine girls to play softball so we reached out to Battle Creek Public Schools to see if they were interested in joining our cooperative and they declined the invitation to join. We then reached out to St. Francis with a formal invite and have yet to hear back from them with a decision. Our hope is to continue a softball program for our girls but it is very difficult to maintain a program when you have only nine players and that is the very minimum you can have to field a full team. I will continue to keep the school board and patrons updated on our softball cooperative, feel free to give me a call if you have other thoughts or suggestions.

At the Friday, January 25 girls' basketball tournament game vs Tekamah-Herman, Bank of the Valley with Tim Howard, Becky Sell, Connie Foltz and Kelly Brandl presented a check to Humphrey Public Schools for 1,573.33. These funds were raised through the Bank's School Pride Card Program. To-date, the Bank of the Valley Pride Card campaign has raised over 2,800.00 for our school. I want to thank Bank of the Valley President Tim Howard, Kelly, Connie and Becky for their generosity and support of Humphrey Public School and I look forward to our continued relationship. If you are interested in learning how you can earn cash for Humphrey Public School, call them or visit their website [www.bankofthevalley.com](http://www.bankofthevalley.com). Thank You Bank of the Valley!!!



The last discussion item is an exciting one, at the end of January/early February, I will be completing the final punch list with the engineer from RVW and the contractor from dwb inc. for the new bus barn weight room. The flooring has been put in which was one of the last items that needed to be completed. If you remember from a previous newsletter, the current elementary music room/technology room will be made into a K-12 special



education room and the current weight room will be changed to the elementary music/technology room. We are hoping to move the weight room equipment down to the new area in the spring followed by updating the flooring and repainting walls in the old weight room at the end of the school year.

An update for parents of future 3 and 4-year old preschool students, we will begin posting the preschool applications in the near future in the Humphrey Democrat and on our school website to help ensure all parents of preschool children living in the district receive this information. We will be able to take a maximum of 20 students in each age level, if we have over 20 students, we will need to follow the preschool acceptance criteria located on the school website. If you ever have any questions, feel free to call the school and we will be happy to answer them.

A couple of reminders heading into February; Humphrey Public will again be hosting our own Speech meet on Saturday, February 9, I encourage you to come out and support the Speech students and coaches. This year's sub-district basketball tournaments for boys will be played at David city Aquinas and the girls sub-district will be played at Shelby High School because the girls and boys have different teams in their respective sub-districts. I want to wish the players and coaches good luck at both conference and district tournaments. The 2<sup>nd</sup> semester Parent-Teacher conferences will be held on Monday, February 4, 2019 from 1:30 – 8:30 p.m., a reminder to parents that there is no school for students on Monday. I encourage as many parents as possible to attend the conferences to make sure the school, parent and student are on the same page regarding communication. Statistics show, high parental involvement in school will lead to improved academic performance by your child. Thank you and we hope to see you on the 4<sup>th</sup>. The comp day for teachers will be Friday, February 8, 2019 meaning there is no school for students and staff.

As always, I want to continue to emphasize to our patrons in the district, should you ever have any questions, please call and get the answers. This will help curb misinformation and eliminate rumors and your concerns. Clear and open communication between the community and the school are vital areas in the success of our school. Have an awesome February.

Mr. Sjuts



# February

## *From the Principal's Desk:*

Welcome to February! I hope this letter finds everyone is doing well. On Thursday, January 17, 2019 we held our second quarter Honor Roll breakfast. We had 82 honor students in attendance along with 55 adults. I want to thank everyone that was able to attend. It is always great to see students and their families in our building celebrating student success. I would also like to thank our high school students who helped serve the breakfast and our great kitchen staff for a great meal.

On Tuesday, January 15 our National Honor Society Chapter inducted new members into the chapter. A ceremony was held in the cafeteria following a dinner. Congratulations to all of the new inductees.

Our winter sports seasons are continuing to succeed. Our speech season is off and running. Due to weather, they have not been able to attend a couple of meets. They have attended two meets and have had students come home with medals and team trophies. They will be having a home speech meet Saturday, February 9th. If you have a little extra time, stop up to the high school and watch them perform. You will not be disappointed. Our boys and girls basketball teams are doing well. They are entering into the home stretch of the regular season. It has been great to see all the support at our home games.

Our state and district testing window is getting closer. We will begin our spring MAP testing and our state assessments will begin during March. I will highlight more information in March regarding the assessments, however, this would be a good time to start discussing with your child the importance of working hard on these assessments and taking their time. I know that test results don't show the whole picture of the individual student, however, it is important that we help prepare our students to be successful in situations like these that will help prepare them for their future.

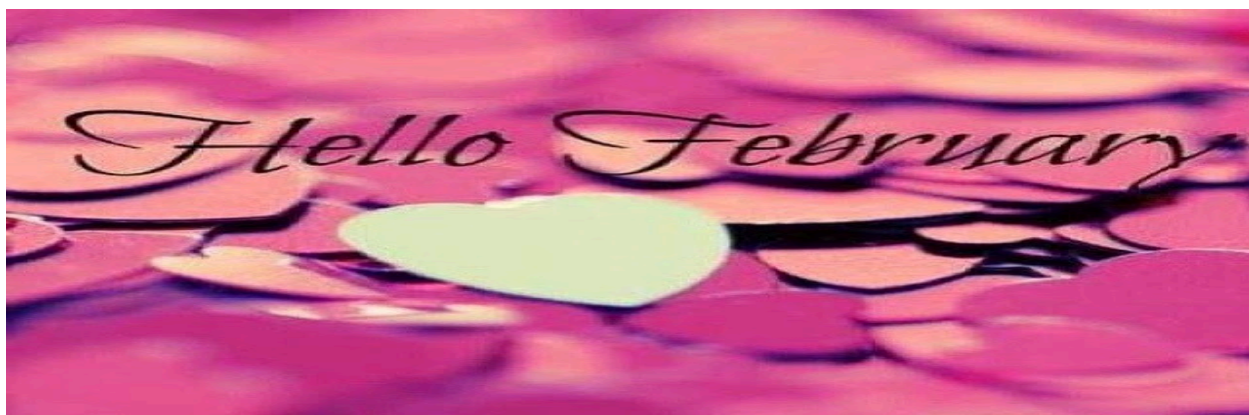
On Friday, January 11, 2019 we held our Donuts with Dad breakfast. We had a great turn out for this event. Thank you to all who were able to attend and grab a donut with their son or daughter.

As we have entered the season of sickness, I would like to remind our parents that if you take your child to the doctor, please make sure that you get a note from the doctor excusing them from school. This note needs to be turned into the office so it can be placed in our files. This is very important to have on file as we have documentation verifying your student's absence when we submit our attendance reports to the state department of education.

As I wrap up my letter, please remember that my door is always open if you ever feel the need to talk about any concerns that you may have. If you ever have any questions, please feel free to contact me.



**MR. KING**



Greetings from the Counselor,

I hope everyone has had a safe winter and continues to push through to our last winter month (hopefully), and find ways to thrive in the rest of the semester. Remember, students, that if any time during the long winter months you are not feeling like yourself and need someone to talk to about anything, I am here to chat.

Elementary Guidance: The past month we have got back into the swing of school. There has been quite a bit of illness going around, including myself, so some guidance classes have been affected. We have also talked about the importance of complimenting others and being kind to them. This has led into discussion about Martin Luther King Jr. and how he has impacted the world. In the future, we will continue to work on social skills, coping skills, avoiding peer pressure, college/career readiness, and how to be better students and people.

**Junior High:**

1. Remember that your grades matter, effort matters, and how you act within a classroom matters.
2. Continue to talk with your parents at home about future career plans.
3. Many of you have been involved in extra-curricular activities during the fall and winter, which is awesome. February has limited school-related activities or events for junior high. Continue to still stay active so that it is easier to remain healthy. Remember, it is good to be involved and support others who are involved in activities. Let me know if you need help with anything.

**Freshmen and Sophomores:**

1. Understand that your grades matter now. I know that I mention it all the time, but it is important. If you have hopes to be Valedictorian or Salutatorian of your class, which I hope many of you do, the grades you make now will determine that just as much as your junior and senior year. Colleges also ask for Cumulative GPAs, which means your GPA for your entire high school career. This can be the difference in getting accepted into a college versus not. It can also be the difference in thousands of dollars offered through scholarships. Many colleges, specifically Peru State, is using high school GPA as the largest indicator for scholarships as it is the best indicator for success in college. GPA

is THAT important. Work hard at it. All of you have the potential to earn many high scholarships.

2. Continue to stay involved with extra-curricular activities. We have had a lot of success and I hope this pattern continues as you all put time, effort, and hard work into all that you do.

#### **Juniors:**

1. The ACT is getting near. Each of you have a FREE personalized ACT Prep through the actual [onlineprep.act.org](https://onlineprep.act.org) web page. I have emailed you all your usernames and passwords. If you have questions or problems with this, please come and see me. I hope that you all take full advantage of this prep along with John Baylor for the ACT.
2. As with the younger classmen, make sure you are diligently trying on your coursework and staying involved when possible. It truly helps create well-rounded young adults.
3. I also encourage you all to continue to visit colleges. The best way to know if a fit is right for you is to see it first-hand. Before visiting the college, make sure that it would have the degree for the career you are hoping to have. While on campus, make sure you are attending with questions and take advantage of what the tour guides have to share with you. If you need help getting set up with one, please let me know.
4. Scheduling a job shadow is also a great activity to do while you are still in high school. I have almost all of you in Careers and it is a requirement, so the sooner you can get it done, the less stress you'll have. If there is anything else I can help you with, I am happy to help.

#### **Seniors:**

1. It is very important for you all to have the FAFSA completed by now. If you are having problems, please come in and see me so we can get it taken care of. Continue getting scholarships completed.
2. As an FYI, you all have until May 1<sup>st</sup> to accept scholarships given directly from a University. This is set forth by the National Association for College Admission Counseling, which means that colleges will not be lenient. May 1<sup>st</sup> is the absolute last day to accept them.
3. These scholarships are different than the scholarships that I will share with you. As I receive notice of scholarships, I will send them to each of you. Each scholarship will have its own deadline. Pay close attention to those dates so that you do not miss submitting them. Remember that ScholarshipQuest, EducationQuest, and College Board are all good resources for you as you continue searching for and filling out scholarships. If you have issues with scholarships or need someone to look over final drafts, please let me know. I am here to help in whatever way possible.

As always, please see me if there is anything that I can help with. I am available in person, by phone, or by email. Stay warm and stay safe.

Miss Oelsigle

[camio@humphrey.esu7.org](mailto:camio@humphrey.esu7.org)

(402) 923-1230



# Hello From the Math Room!!

Here we are, in the middle of third quarter, and students are busy in the math room! We have all been busy studying various topics and will continue to be working hard to prepare for our NSCAS-Math test, including the ACT® Test in the Spring. This year our focus is on IMPROVEMENT. It's important for students to realize it's not about being perfect. It's about doing better today than you did yesterday. We measure this using marbles in a jar. Each time a student improves a quiz or test score, they get to put a marble in the jar. If the class improves its test average, the class puts a marble in the jar. When everyone in the class completes their assignment on time, the class earns a marble. When the jar is filled, I bring treats for the class. They get to dump their marbles in the community jar and when that gets filled, ALL the classes will earn an award. It appears they will be able to accomplish this before year end. ALL of the classes have worked very hard and most of them have filled their jar at least once.

Seventh grade math students are enjoying junior high and have nearly completed four units: integers, fractions, decimals, and pre-algebra prep. Other topics that will be studied include geometry, probability, and equation solving. They are a large class, but we are trying to work together to make improvements in skills and scores. They are most of the way to filling their jar TWICE!

Algebra I students have continued what we started last year with solving equations, but we have really bumped up the level of difficulty. Algebra I students are in high school now, and are being exposed to much higher-level math topics. We have worked on mastering the solving of all types of linear equations and inequalities, and we are examining systems of equations now. After that we will study exponents, polynomials, and factoring. Algebra I has filled their marble jar once and is halfway to a second time.

Geometry students are just getting started on a unit about quadrilaterals. We will be differentiating between parallelograms, rhombuses, rectangles, squares, and trapezoids. Quadrilaterals have many unique properties that we will discuss. Similarity, circles, right triangles, and the basics of trigonometry will round out our school year. These geometry students have filled their marble jar nearly twice.

Algebra II students are becoming more proficient with the graphing calculators as we study scatterplots and curves of best fit. Algebra II students FINALLY got to learn about imaginary numbers right after Christmas. We are now working with polynomial graphs and equations. I hope to finish up the year with exponents, logarithms, and trigonometry. This group of mostly juniors has filled their jar TWICE and is working on making it three times!!

Transitional math students are a small, but mighty, group! All six of them are seniors, preparing themselves for college mathematics. We have discussed set theory, including intersection and union of sets. We are also discussing number theory. We will see consumer math, including simple and compound interest, credit cards, and mortgages, during the second semester. Small but mighty groups get small jars, and they are well on their way to filling it two times.

Advanced math students are studying polynomial functions and graphs. They may be dreaming of domain and range in their sleep. As we prepare them for college mathematics, we push them to be more and more independent learners. We are moving closer and closer to trigonometry, which is one of my favorite topics! This group challenged themselves to fill a bit larger jar with just seven students in class. They are nearly there!!

I again have the opportunity to teach chemistry this year. I have a HUGE class of mostly juniors. Eighteen brave and hard-working students are learning all about ionic and covalent bonding, and will soon examine chemical equations in great detail. We will finish the year with stoichiometry. The jar of marbles for these students looks an awful lot like a beaker, and they are so very close to getting it filled up!

As you can see, there's never a dull moment in the math (and science) room! Each day I see about 100 of our students and try my hardest to see that they become better math and science students. It's a challenge, but one that I look forward to daily. Thank you to all of the parents and patrons who support these hard-working students. It has made my 25<sup>th</sup> year of teaching at Humphrey High School one of the best yet.

Mrs. Lovercheck







# Humphrey FFA Chapter

**Robyn Graham Humphrey FFA Advisor**

[robyngraham@humphrey.esu7.org](mailto:robyngraham@humphrey.esu7.org)

It has been an exciting year! The Humphrey FFA Chapter conducted Feed A Farmer at Central Valley Ag served over 300 meals, hosted K-6

Safety Academy for 230 elementary students from Humphrey St. Francis and Humphrey High, and completed Fruit Sales Fundraiser.

Members competed in District Leadership Skills Events. Emma Labenz, Kelly Pfeifer and Ashley Schemek qualified for State FFA Competition. At Nationals, Humphrey FFA was recognized as a

National 2 Star Chapter and five Humphrey FFA members: Beau Beller, Kendal Brandl, Crystal Brandl, Kaydie Brandl and Michayla Goedeken earned their American Degrees.

More exciting events are coming this spring!!

Pictured below: State Qualifiers in District Leadership Skills Events. Kelly Pfeifer – Creed Speaking, Ashley Schemek – Extemporaneous Speaking, Emma Labenz – Senior Public Speaking.



## Humphrey FFA Chapter Steak Feed & Silent Auction

Saturday, March 23rd, 2019

Humphrey Community Building 5:30-10pm

Please join us for a night of great food and entertainment!

### Steak Feed & Silent Auction

Saturday, March 23rd, 2019

Silent Auction 5:30-8pm

Steak Feed 6:30-7:30pm

Entertainment 8:30-9:30pm

Meal includes New York Strip Steak, Cheddar Hashbrowns, Side Salad, Dessert, and Drink.

Tickets are \$20 each. Possible to purchase from FFA Members, Robyn Graham, Study Classes or Wendy Greenlee, and both High School offices, Humphrey FFA Chapter. 402-822-1222 School OR 402-641-0282 Graham. [robyngraham@humphrey.esu7.org](mailto:robyngraham@humphrey.esu7.org)



## Upcoming Events

**Saturday, Feb 2nd**

State Degree & Proficiency Reviews

**February 17-22nd**

National FFA Week

**Friday, February 22nd**

Ag Olympics  
HHS Gym

**Tuesday, March 5th**

District CDE Contests @ CCC

**Saturday, March 23rd**

FFA Steak Feed & Silent Auction at Community Building

**April 3rd-5th, 2019**

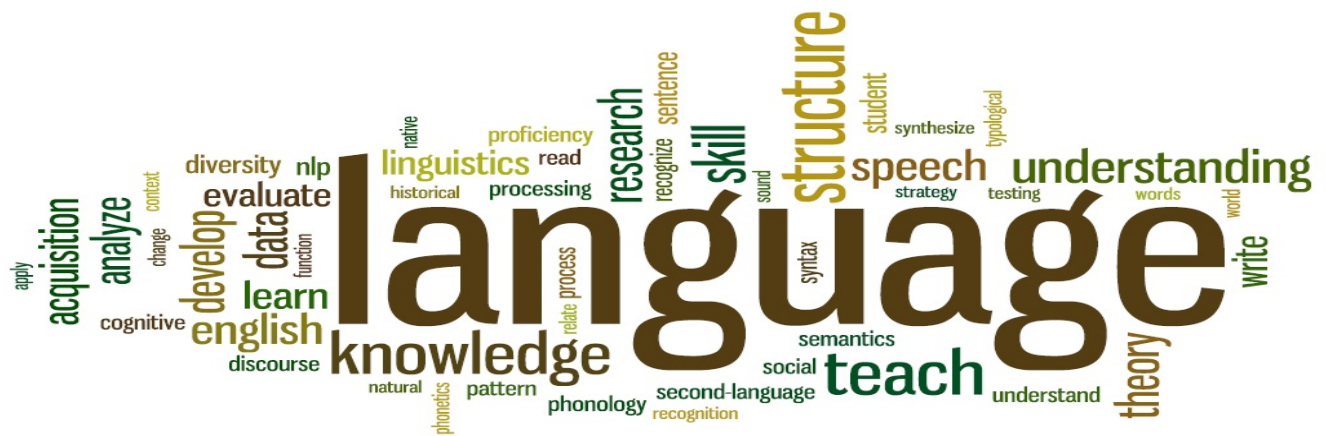
State FFA Convention

**Friday, May 3rd**

FFA Banquet  
HHS Gym 6:30pm

**Saturday, May 4th**

Electronics Collection  
Scrap Metal Recycling  
Humphrey Spring Clean-Up



Greetings from the Language Arts World! The students in LA classes have been very busy all year, and there's no sign of slowing down!

In the English classes, we have read short stories, poetry, novels, and plays. Students have been learning about character motivation, plot development, thematic choices, and so much more. They have created some wonderful projects which have depicted their learning in ways that no paper and pencil test ever could. The juniors and seniors have participated in round table conversations and debates over various themes, plot devices, conflicts, and character development among other topics.

The journalism students have been attending home games, taking pictures around the school and at activities, and writing sports and activity articles for *The Democrat*. These students have also started participating in a monthly section of *The Democrat* called “By-Lines.” If you haven’t read their articles about sex trafficking, expectations of teenagers, and changes in schooling in the previous months, I urge you to pick up the paper the third week of March as that’s when their next article is set to be published. The kids have done great work researching the articles, and they are making their voices and opinions heard.

Our newscast class is growing! The junior high students have been given the opportunity to add newscast as an exploratory class, and they are learning the fine art of article writing, news segment writing, and being in front of the camera. The students have really done a fantastic job of coming up with ideas and following through with their plans. The newscast can be found on our website, and we encourage you to tune in every Friday for an episode!

The speech team has also been busy early this second semester. Although the weather prohibited travel to the Clearwater and Lincoln Southwest meets, the students have been busy working on their performances with me and Coach Lovercheck, and the team is making huge strides. On January 12, the team traveled to Pierce High school to compete in their Tournament of Mittens. There were over 20 teams in attendance, and the Bulldog Speechifiers finished as varsity sweepstakes runners up. Senior Yasmine Bender was the individual Poetry champion of that meet. Then on January 23, the team attended the Howells-Dodge Jaguar Jabber. Again, in a field of over 20 teams, the Speechifiers finished in second place, just six points behind varsity sweepstakes champion Lakeview. Senior Zane Bertrand was the individual Entertainment speaking champion of the day

We encourage and welcome you all to attend any of the speech meets that are on the schedule. Admission is free, and you will be entertained for as long as you wish to stay at the meets. For your convenience, I have included the schedule for the rest of the season below:

February 2 –	@ Schuyler Invitational	8:00 start time
February 9 -	@ Humphrey Invitational	8:00 start time
February 16	@ Wisner Invitational	8:00 start time
February 23	@ Wynot Invitational	8:00 start time
February 26	@ Humphrey Conference	9:00 start time



March 2 @ Norfolk\*

8:00 start time \* Dependent on state basketball

March 6 @ Riverside

8:00 start time



## Title Reading/Math

Happy Valentine's Day from the Title Room!

The title classes have been working on a variety of things so far this year. In reading, the Kindergarten through 2<sup>nd</sup> graders have been working on Sound Partners. We talk about and practice what sounds the letters make and read words with those sounds in them. We also practice reading and writing our sight words. In the 3<sup>rd</sup> – 6<sup>th</sup> grades, we have been working on different reading skills like main idea, summaries, fact/opinion, sequencing, figurative language, cause and effect and lots of vocabulary practice. One day a week, we all focus on working on improving our fluency and retell scores when we read orally. We read for one minute then we retell for one minute. We then record how many words we read in the minute.

Math title students, depending on their grade level, have been working on adding, subtracting, multiplying, and dividing. Sometimes we use whole numbers. Other times we use fractions, decimal numbers, and integers. We soon will be working on geometry.

Whatever the day, you can be sure that we are putting our "whole heart" into everything we do!

Have a wonderful Valentine's Day!  
Mrs. Niemann  
Title 1 Reading/Math Teacher

## Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults

### What Are E-cigarettes?

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- E-cigarettes are electronic devices that heat a liquid and produce an aerosol, or mix of small particles in the air.
- E-cigarettes come in many shapes and sizes. Most have a battery, a heating element, and a place to hold a liquid.
- Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Larger devices such as tank systems, or “mods,” do not look like other tobacco products.
- E-cigarettes are known by many different names. They are sometimes called “e-cigs,” “e-hookahs,” “mods,” “vape pens,” “vapes,” “tank systems,” and “electronic nicotine delivery systems (ENDS).”
- Using an e-cigarette is sometimes called “vaping” or “JUULing.”

### Why Is Nicotine Unsafe for Kids, Teens, and Young Adults?

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- Most e-cigarettes contain nicotine—the addictive drug in regular cigarettes, cigars, and other tobacco products.
- Nicotine can harm the developing adolescent brain.<sup>1</sup> The brain keeps developing until about age 25.
- Using nicotine in adolescence can harm the parts of the brain that control attention, learning, mood, and impulse control.<sup>1</sup>
- Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people’s brains build synapses faster than adult brains. Nicotine changes the way these synapses are formed.
- Using nicotine in adolescence may also increase risk for future addiction to other drugs
  - E-cigarette aerosol is NOT harmless “water vapor.”
  - The e-cigarette aerosol that users breathe from the device and exhale can contain harmful and potentially harmful substances, including:
    - Nicotine
    - Ultrafine particles that can be inhaled deep into the lungs
    - Flavoring such as diacetyl, a chemical linked to a serious lung disease
    - Volatile organic compounds
    - Cancer-causing chemicals
    - Heavy metals such as nickel, tin, and lead<sup>1</sup>
  - It is difficult for consumers to know what e-cigarette products contain. For example, some e-cigarettes marketed as containing zero percent nicotine have been found to contain nicotine.

**Common myth believed about vaping, along with the facts.**

"It's just flavoring." Vapes get their flavors from chemicals. While these flavorings are safe to eat in food, they're not safe to inhale. Inhaling flavor chemical can harm your lungs" Some buttery-flavored vapes like caramel contain diacetyl and acetoin. Inhaling diacetyl has been linked to popcorn lung, a lung disease that doesn't have a cure."



Although JUUL is currently the top-selling e-cigarette brand in the United States, other companies sell e-cigarettes that look like USB flash drives. They are the MarkTen Elite, a nicotine delivery device, and the PAX Era, a marijuana delivery device that looks like JUUL.

From the CDC.gov/tobacco basics

**Many teens have dangerous misperceptions that lead them to believe that vaping is harmless.**

**Common myths**  
believed about vaping, along with the facts.

**"It's just flavoring."**  
Vapes get their flavors from chemicals. While these flavorings are safe to eat in food, they're not safe to inhale. Inhaling flavor chemicals can harm your lungs.<sup>11</sup>  
Want an example?  
Some buttery-flavored vapes like caramel contain diacetyl and acetoin. Inhaling diacetyl has been linked to popcorn lung, a lung disease that doesn't have a cure.<sup>11</sup>

**"It's just water vapor."**  
But it's not.  
Vaping can expose the user's lungs to harmful chemicals like formaldehyde, diacetyl and acrolein, as well as toxic metal particles like nickel, tin and lead.<sup>4, 8-10, 11-13</sup>

**"I don't have an addictive personality—I won't get hooked on vapes."**  
Vaping delivers nicotine to the brain in as little as 10 seconds.<sup>14, 15</sup>  
A teen's brain is still developing, making it more vulnerable to nicotine addiction.<sup>16</sup>

**"My vape says it's nicotine-free. There's no way I'll become addicted."**  
Some vapes that claim they are nicotine-free are not.<sup>8, 17-22</sup>

**"Nicotine isn't that bad for me."**  
Nicotine exposure during the teen years can disrupt normal brain development. It can have long-lasting effects, like increased impulsivity and mood disorders.<sup>23-25</sup>

**"Just because I vape doesn't mean I'm going to smoke cigarettes."**  
Research shows teens who vape are more likely to try smoking cigarettes.<sup>26</sup>

**FDA's Efforts to Curb Youth E-Cigarette Use**  
FDA is committed to protecting youth from the dangers of e-cigarettes. In addition to our national peer-to-peer public education campaign called "The Real Cost," we're joining forces with Scholastic to provide teachers and school administrators with the resources they need to educate their students about e-cigarettes.  
Together, we've created a **free lesson plan and research activity** for teachers to educate their students on the health risks of e-cigarette use. Please visit the [Scholastic youth-vaping-risks site](#) to access these resources.

**Share This Information**  
Please share this infographic with other teachers and school administrators. In addition, if you'd like to learn more about e-cigarettes, check out these resources:  
» Surgeon General Fact Sheet – E-cigarette use among youth and young adults  
» Parent Tip Sheet – How parents can talk with their teen about vaping  
» CDC Infographic – E-cigarette ads and youth infographics  
» Smokefree Teen – If you know a teen who is addicted to any tobacco product, including cigarettes and e-cigarettes, there are resources to help them quit



# Humphrey Public School





MON	TUES	WED	THURS	FRI
<p><b>Menus subject to change.</b></p> <p>Choice of hot breakfast sandwich, cold cereal, fruit, toast, warm oatmeal, milk, water and juice offered daily for breakfast. Choice of cold sandwich, milk, water and salad bar offered daily for lunch. Lunch alternate must be requested by 9:00 am. USDA is an equal opportunity provider &amp; employer</p>				<p><b>1</b></p> <p>Biscuit &amp; Gravy</p> <p>Hamburger on a Bun</p> <p>Baked Beans</p> <p>Chips</p> <p>Orange Slice</p>
<p><b>4</b></p> <p><b>NO SCHOOL</b></p>	<p><b>5</b></p> <p>French Toast Sticks</p> <p>Hot Dog/Chili Dog on a Bun</p> <p>French Fries</p> <p>Pears</p>	<p><b>6</b></p> <p>Breakfast Pizza</p> <p>Tator Tot Casserole</p> <p>Corn</p> <p>Peaches</p> <p>Dinner Bun</p>	<p><b>7</b></p> <p>Donut</p> <p>Chicken Nuggets</p> <p>Green Beans</p> <p>Mandarin Oranges</p> <p>Dinner Bun</p>	<p><b>8</b></p> <p><b>NO SCHOOL</b></p>
<p><b>11</b></p> <p>Pancake</p> <p>Beef-N-Noodle Casserole</p> <p>Green Beans</p> <p>Peaches</p> <p>Dinner Bun</p>	<p><b>12</b></p> <p>Breakfast Burrito</p> <p>BBQ Pork on a Bun</p> <p>Baked Beans</p> <p>Applesauce</p>	<p><b>13</b></p> <p>Scrambled Eggs &amp; Toast</p> <p>Country Baked Steak</p> <p>Mashed Potatoes</p> <p>Peas</p> <p>Pears</p> <p>Dinner Bun</p>	<p><b>14</b></p> <p>Long Johns</p> <p>Pizza</p> <p>Lettuce</p> <p>Peaches</p> <p>Cookie</p>	<p><b>15</b></p> <p>Breakfast Pizza</p> <p>Sloppy Jo on a Bun</p> <p>Corn</p> <p>Pineapple</p>
<p><b>18</b></p> <p>Pancake on a Stick</p> <p>Chicken Patty on a Bun</p> <p>Corn</p> <p>Applesauce</p>	<p><b>19</b></p> <p>Mini Donuts</p> <p>Nachos</p> <p>Waffle Fries</p> <p>Lettuce</p> <p>Peaches</p>	<p><b>20</b></p> <p>Biscuit &amp; Gravy</p> <p>Mini Corn Dogs</p> <p>Green Beans</p> <p>Apple</p> <p>Dinner Bun</p>	<p><b>21</b></p> <p>Egg Wrap</p> <p>Flying Saucer</p> <p>Banana</p> <p>Dinner Bun</p>	<p><b>22</b></p> <p>Pancake</p> <p>Cooks Choice</p>
<p><b>25</b></p> <p>Breakfast Pizza</p> <p>Chicken Noodle Soup/Chili</p> <p>Cinnamon Roll</p> <p>Pears</p> <p>Cheese Stick</p>	<p><b>26</b></p> <p><b>NO SCHOOL</b></p>	<p><b>27</b></p> <p>Yogurt Cup &amp; Banana Bread</p> <p>Pork Patty on a Bun</p> <p>Green Beans</p> <p>Applesauce</p>	<p><b>28</b></p> <p>Cinnamon Roll</p> <p>Spaghetti</p> <p>Corn</p> <p>Applesauce</p> <p>Garlic Sticks</p>	

# HUMPHREY PUBLIC SCHOOL ACTIVITIES



2019

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>Activities are subject to change due to unforeseen scheduling conflicts, etc. Please watch the daily bulletin for the most up to date information. Thank You</p> <p>Check out the website &amp; watch for the most up to date information at <a href="http://www.humphreybulldogs.org">www.humphreybulldogs.org</a></p>					<p><b>1</b></p> <p>* B BB EHC Semi Finals @ TBA</p>	<p><b>2</b></p> <p>*JH B BB vs Fullerton @ LHF</p> <p>*GB EHC Finals @ CCC</p> <p>*Speech Meet @ Schuyler</p>
<p><b>3</b></p> <p>*Booster Club/Post Prom 2:00pm</p>	<p><b>4</b></p> <p>*Parent Teacher Conferences 1:30pm - 8:30pm</p> <p>*Teachers In Service 7:45am-12:00pm</p> <p><b>NO SCHOOL</b></p>	<p><b>5</b></p> <p>*FCCLA Meeting 7:15am</p> <p>*JV/V Boys Only BB @ Oakland-Craig</p>	<p><b>6</b></p> <p>*Banking at School</p> <p>*FCCLA District Competition</p>	<p><b>7</b></p> <p>*GB BB @ Twin River</p>	<p><b>8</b></p> <p><b>NO SCHOOL</b></p> <p><b>For Staff &amp; Students</b></p> 	<p><b>9</b></p> <p>*Speech Meet @ HHS</p>
<p><b>10</b></p>	<p><b>11</b></p> <p>*G BB Sub Districts @ Shelby</p> <p>*Cub Scouts 6:30pm</p> <p>*FCCLA Week</p> <p>*School Board Meeting 7:30pm</p>	<p><b>12</b></p> <p>*G BB Sub Districts @ Shelby</p> <p>*FCCLA Week</p>	<p><b>13</b></p> <p>*Bookmobile</p> <p>*FFA Meeting 7:30am</p> <p>*FCCLA Week</p> 	<p><b>14</b></p> <p>*G BB Sub Districts @ Shelby</p> <p>*FCCLA Week</p> <p><b>Valentine's Day</b></p>	<p><b>15</b></p> <p>*JV/V Boys Only BB vs Plainview @ LHF</p> <p>*FCCLA Week</p>	<p><b>16</b></p> <p>*Speech Meet @ Wisner</p>
<p><b>17</b></p>	<p><b>18</b></p> <p>* B BB Sub Districts @ David City Aquinas</p> <p>*FFA Week</p>	<p><b>19</b></p> <p>* B BB Sub Districts @ David City Aquinas</p> <p>*FFA Week</p>	<p><b>20</b></p> <p>*Banking at School</p> <p>*FFA Week</p>	<p><b>21</b></p> <p>* B BB Sub Districts @ David City Aquinas</p> <p>*FFA Week</p>	<p><b>22</b></p> <p>* G BB District Finals @ TBA</p> <p>*FFA Week</p>	<p><b>23</b></p> <p>*Speech Meet @ Wynot</p> <p>* B BB District Finals @ TBA</p>
<p><b>24</b></p>	<p><b>25</b></p> <p>*FCCLA Peer Ed Retreat in Kearney</p> <p>* Cub Scouts 6:30pm</p>	<p><b>26</b></p> <p>*EHC Speech Meet @ HHS</p> <p><b>NO SCHOOL</b></p> <p><b>For Students</b></p>	<p><b>27</b></p> <p>*Bookmobile</p>	<p><b>28</b></p> <p>* Girls State Basketball</p>	<p><b>1-Mar</b></p> <p>* Girls State Basketball</p>	<p><b>2-Mar</b></p> <p>* Girls State Basketball</p>